

# The Metaphysics Of *A Course In Miracles*

## **Class Summary:**

Into this kill or be killed world of fear, catastrophe and death where we feel isolated, lacking and at war with others and ourselves *A Course In Miracles* shines its healing light. Like the consummate physician the Course both diagnoses and heals the deep inner illnesses that are the source of all of our pain. By so doing, it heals our relationships with the world and with ourselves.

The Course's purpose is to train us to elicit miracles and educate us on our invulnerability and our choice between love and fear. To do this it elegantly combines modern psychology with the wisdom of Eastern religion and the loving essence of Christianity to give us simple, practical and extremely effective remedies for our everyday lives.

To get the most out of the study of the Course it is necessary to understand its radical metaphysics that define the *one source* and *one solution* to all of life's problems. This introductory class puts the Course's metaphysics into simple terms.

You will walk away from this class with an entirely new perspective on your problems, your relationships and how to create a context in your life in which miracles occur.

## **Topics covered:**

- 1. Principles Of Miracles**
- 2. The Detour Into Fear**
- 3. One Problem**
- 4. Projection Makes Perception**
- 5. One Solution**

The class will end with a 15 minute guided imagery session for deep relaxation and healing.

This introductory class is intended to be the opening class on a series of classes that will provide a framework for making the necessary inner changes that will make us all happier, healthier people having healing influences on the world we live in.



## B I O G R A P H Y

**Loretta M. Siani M.A. Ph.D.**

Loretta Siani is a spiritual psychologist and clinical Hypnotherapist. She is also a student and teacher of *A Course In Miracles*. She has authored two books. *The Magic of Excellence*, a text book explaining the history, structure and process of Neuro-Linguistic Programming and *Everyday Miracles, Nine Keys To Miraculous Living* a popular interpretation of the metaphysics of *A Course In Miracles*.

Dr. Siani is also the creator of three-guided visualization CDs *In The Middle of Know Where*, guided imagery for deep relaxation, *Waking Dream of Forgiveness*, guided imagery for releasing anger and resentment and *Waking Dream of Restful Sleep*, guided imagery for undoing insomnia. Her books and CDs are available on her website: [lorettasiani.com](http://lorettasiani.com) and through Amazon.com and New Leaf Distribution.

Formerly Sales Training Manager for the Business Services Division of Office Depot's Western Region, she has coached and trained a variety of people including corporate executives, entrepreneurs, students and experienced sales people. She holds a Master of Arts in Communications from Pepperdine University where she served on the adjunct faculty teaching Interpersonal Communications. Her Doctoral Degree is in Clinical Hypnotherapy from American Pacific University where her course of study focused on NeuroLinguistics. Dr. Siani has over eighteen years of experience in helping people accomplish their goals.

In her private practice to help people heal their inner illnesses and attract what they desire into their lives, she uses therapeutic imagery, guided dream work and the spiritual psychology and radical metaphysics of *A Course In Miracles*.

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